



Nancy (France) - 2021.10.05 - HR2VP, the app for Android and iOS that computes and broadcasts power based on heart rate comes now with a new version that connects to bike trainers and includes built in workouts.

HR2VP cycling app now with built in workouts



About HR2VP

HR2VP has been launched on 6th of August 2020 in order to allow people with **exercise bikes & non smart bike trainers** to connect to **virtual training apps** such as Zwift by using their **heart rate monitor for power broadcasting**. **Individual parameters** such as functional threshold power, min and max

heart rate are taken into account, which allows a more precise power calculation.

Today, HR2VP has already more than **10k** downloads and around **1000** active subscribers.

Built In Workouts

The new version of HR2VP comes with built in workouts. Users can search for workouts based on their dominant intensity zone or duration, and there is a selection of most popular trainings.

The app is compatible with Bluetooth Smart and ANT+ power meters and bike trainers. Devices using FTMS will have the option to auto adjust the resistance in order to match the target power of the workout (ergometer mode).

Auto Calibration

When connected to the bike trainer or to any power meter, the virtual power is **compared with the real power** to get the **best parameter** to use. This ensures that the next ride that will be done without any power meter will get an optimized virtual power calculation.

Price

At **2.99\$** a month or **34.99\$** one time fee, cyclists will get a complete indoor & outdoor training app that connects to the bike trainer, broadcasts power to GPS or Zwift, and upload rides to Strava.

[More info & download HR2VP](#)

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Contact us:

Grégory Cordier (CEO)

gregory.cordier@bipr.fit

☎ +33 6 27 18 66 20

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